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WU/CCC/WOU/PSU/LCC/MHCC - 3/10/2007  
3/10/2007  
Results

Women 100 Meter Dash

| Name                     | Year School  | Finals | Wind | H# |
|--------------------------|--------------|--------|------|----|
| 1 St. John, Kaitlin      | Willamette   | 12.84  | 2.6  | 1  |
| 2 Dittmar, Stephanie     | Clackamas CC | 12.86  | 2.6  | 1  |
| 3 Klein, Katie           | Willamette   | 13.21  | 2.6  | 1  |
| 4 Hayward, Annie         | Mount Hood   | 13.22  | 2.6  | 1  |
| 5 Larsen-Helbing, Sascha | Willamette   | 13.28  | 2.6  | 1  |
| 6 Limage, Junia          | Mount Hood   | 13.34  | 2.6  | 1  |
| 7 Durand, Meaghan        | Clackamas CC | 13.35  | 2.7  | 2  |
| 8 Rosenberg, Sarajane    | Western Oreg | 13.43  | 2.6  | 1  |
| 9 Wilgus, Kori           | Lane CC      | 13.55  | 2.7  | 2  |
| 10 Craig, Chelsea        | Unattached   | 13.67  | 2.7  | 2  |

Women 200 Meter Dash

| Name                     | Year School  | Finals | Wind | H# |
|--------------------------|--------------|--------|------|----|
| 1 Glunt, Amber           | Mount Hood   | 26.15  | 2.2  | 1  |
| 2 Hemphill, Rachel       | Clackamas CC | 26.34  | 2.2  | 1  |
| 3 St. John, Kaitlin      | Willamette   | 26.47  | 2.2  | 1  |
| 4 Hayward, Annie         | Mount Hood   | 26.72  | 2.2  | 1  |
| 5 Klein, Katie           | Willamette   | 26.91  | 2.2  | 1  |
| 6 Larsen-Helbing, Sascha | Willamette   | 27.01  | 1.3  | 2  |
| 7 Burg, Jamie            | Clackamas CC | 27.28  | 1.3  | 2  |
| 8 Page, Sheryl           | Mount Hood   | 28.08  | 1.3  | 2  |
| 9 Wilgus, Kori           | Lane CC      | 28.51  | 1.3  | 2  |
| 10 Lund, Carlie          | Willamette   | 28.73  | 1.3  | 2  |
| 11 Bollier, Tricia       | Clackamas CC | 28.89  | 1.3  | 2  |
| 12 Smith, Brooke         | Willamette   | 29.69  | 1.3  | 2  |
| 13 Gill, Susanna         | Mount Hood   | 30.52  | 1.3  | 2  |

Women 400 Meter Dash

| Name | Year School | Finals |
|------|-------------|--------|
|------|-------------|--------|

|   |                 |              |         |
|---|-----------------|--------------|---------|
| 1 | Glunt, Amber    | Mount Hood   | 57.97   |
| 2 | Howell, Sarah   | Western Oreg | 1:00.35 |
| 3 | Schmeck, Autumn | Willamette   | 1:00.85 |
| 4 | Sims, Catherine | Mount Hood   | 1:04.02 |
| 5 | Page, Sheryl    | Mount Hood   | 1:04.38 |

Women 1500 Meter Run

| Name                    | Year School  | Finals  |
|-------------------------|--------------|---------|
| 1 Upshaw, Stephanie     | Western Oreg | 4:48.09 |
| 2 Baek, Honisty         | Portland Sta | 4:56.59 |
| 3 Fallon, Fionna        | Portland Sta | 4:59.25 |
| 4 Moncrief, Shirlon     | Western Oreg | 5:01.67 |
| 5 Staradubtseva, Tomara | Lane CC      | 5:01.70 |
| 6 Fuller, Karissa       | Portland Sta | 5:02.29 |
| 7 Scheese, Andria       | Clackamas CC | 5:03.00 |
| 8 Polanco, Edith        | Willamette   | 5:03.17 |
| 9 Velez, Maya           | Willamette   | 5:06.80 |
| 10 Gibson, Tiffany      | Unattached   | 5:08.86 |
| 11 Rowley, Alee         | Western Oreg | 5:12.58 |
| 12 Gonzalez, Ciara      | Willamette   | 5:17.26 |
| 13 Ludden, Ashley       | Lane CC      | 5:20.01 |
| 14 Walruff, Savannah    | Clackamas CC | 5:33.71 |
| -- Bielenberg, Staci    | Portland Sta | DNF     |

Women 10000 Meter Run

| Name                | Year School  | Finals   |
|---------------------|--------------|----------|
| 1 Hoover, Emily     | Portland Sta | 42:51.50 |
| 2 Brett, Katrina    | Willamette   | 43:05.30 |
| 3 Maki, Ali         | Willamette   | 43:05.52 |
| 4 Vietmeier, Hannah | Willamette   | 43:05.76 |
| 5 Engle, Mara       | Willamette   | 43:05.94 |

Women 100 Meter Hurdles

| Name                 | Year School  | Finals | Wind | H# |
|----------------------|--------------|--------|------|----|
| 1 May, Andrea        | Willamette   | 14.99  | 3.0  | 1  |
| 2 Postlewait, Jacque | Western Oreg | 15.25  | 3.0  | 1  |

|    |                   |            |       |     |   |
|----|-------------------|------------|-------|-----|---|
| 3  | Liefert, Monique  | Mount Hood | 15.32 | 3.0 | 1 |
| 4  | Smith, Brooke     | Willamette | 16.21 | 3.0 | 1 |
| 5  | Bradford, Crystal | Unattached | 16.23 | 3.0 | 1 |
| 6  | Gallagher, Katie  | Unattached | 16.63 | 1.9 | 2 |
| 7  | Smith, Jordyn     | Willamette | 16.81 | 3.0 | 1 |
| 8  | Rear, Angela      | Unattached | 17.37 | 1.9 | 2 |
| 9  | Craig, Chelsea    | Unattached | 17.53 | 1.9 | 2 |
| 10 | Lund, Carlie      | Willamette | 18.00 | 1.9 | 2 |
| 11 | Limage, Junia     | Mount Hood | 22.37 | 1.9 | 2 |

#### Women 400 Meter Hurdles

| Name                | Year School  | Finals  |
|---------------------|--------------|---------|
| 1 Smith, Jordyn     | Willamette   | 1:04.47 |
| 2 Limage, Junia     | Mount Hood   | 1:07.18 |
| 3 May, Andrea       | Willamette   | 1:07.46 |
| 4 Barker, Sarah     | Western Oreg | 1:07.51 |
| 5 Bates, Danica     | Lane CC      | 1:08.80 |
| 6 Gallagher, Katie  | Unattached   | 1:08.81 |
| 7 Nash, Natalie     | Western Oreg | 1:09.18 |
| 8 Bradford, Crystal | Unattached   | 1:14.45 |

#### Women 3000 Meter Steeplechase

| Name                | Year School  | Finals   |
|---------------------|--------------|----------|
| 1 Winger, Jena      | Willamette   | 11:17.72 |
| 2 Coffman, Maddie   | Willamette   | 11:34.13 |
| 3 Sharratt, Ashley  | Willamette   | 11:41.96 |
| 4 Squires, Audrey   | Willamette   | 11:54.41 |
| 5 McKillip, Lyndsey | Clackamas CC | 12:05.77 |
| 6 Wai, Adriane      | Portland Sta | 12:13.77 |

#### Women 4x100 Meter Relay

| School             | Finals |
|--------------------|--------|
| 1 Mount Hood 'A'   | 49.58  |
| 2 Clackamas CC 'A' | 50.52  |

#### Women 4x400 Meter Relay

| School               | Finals  |
|----------------------|---------|
| 1 Clackamas CC 'A'   | 4:17.25 |
| 2 Portland State 'A' | 4:21.31 |

#### Women High Jump

| Name               | Year School  | Finals  |
|--------------------|--------------|---------|
| 1 Durand, Meaghan  | Clackamas CC | 5-00.00 |
| 2 Smith, Brooke    | Willamette   | 4-10.00 |
| 3 Beedle, Brittany | Mount Hood   | 4-08.00 |

#### Women Pole Vault

| Name                  | Year School  | Finals    |
|-----------------------|--------------|-----------|
| 1 Stratton, Erika     | Lane CC      | 11-00.00  |
| 1 Bollier, Tricia     | Clackamas CC | 11-00.00  |
| 3 Boatsman, JoLena    | Lane CC      | 10-06.00  |
| 4 DeBit, Sara         | Lane CC      | 10-00.00  |
| 4 McCombie, Bridget   | Clackamas CC | 10-00.00  |
| 6 Hering, McKenna     | Unattached   | J10-00.00 |
| 7 Schmeck, Autumn     | Willamette   | 9-06.00   |
| 8 Andrews, Elizabeth  | Willamette   | J9-06.00  |
| 9 Savoca, Maria       | Willamette   | 9-00.00   |
| 10 Lewis, Molly       | Willamette   | J9-00.00  |
| 11 Arquette, Kristina | Willamette   | 8-06.00   |
| 12 Olson, Lynn        | Willamette   | J8-06.00  |
| -- Hoover, Emily      | Portland Sta | NH        |
| -- Craig, Chelsea     | Unattached   | NH        |

#### Women Long Jump

| Name                  | Year School  | Finals | Wind |
|-----------------------|--------------|--------|------|
| 1 Postlewait, Jacque  | Western Oreg | 5.27m  | NWI  |
| 2 Rosenberg, Sarajane | Western Oreg | 5.10m  | NWI  |
| 3 Bates, Danica       | Lane CC      | 4.90m  | NWI  |
| 4 Graham, Ashley      | Clackamas CC | 4.75m  | NWI  |
| 5 Stricker, Alexandra | Western Oreg | 4.71m  | NWI  |

|   |                    |              |       |     |
|---|--------------------|--------------|-------|-----|
| 6 | Dittmar, Stephanie | Clackamas CC | 4.37m | NWI |
| 7 | Gill, Susanna      | Mount Hood   | 4.32m | NWI |

#### Women Triple Jump

|   | Name                | Year School  | Finals | Wind |
|---|---------------------|--------------|--------|------|
| 1 | Rosenberg, Sarajane | Western Oreg | 10.70m | NWI  |
| 2 | Sedlacek, Molly     | Unattached   | 10.18m | NWI  |
| 3 | Rau, Ashley         | Western Oreg | 9.58m  | NWI  |
| 4 | Graham, Ashley      | Clackamas CC | 9.39m  | NWI  |
| 5 | Lewis, Molly        | Willamette   | 8.87m  | NWI  |

#### Women Shot Put

|    | Name               | Year School  | Finals |
|----|--------------------|--------------|--------|
| 1  | Lynch, Chevonna    | Western Oreg | 12.71m |
| 2  | Crawford, Anja     | Mount Hood   | 12.04m |
| 3  | Moody, Charlene    | Unattached   | 11.87m |
| 4  | Davis, Adrienne    | Mount Hood   | 11.56m |
| 5  | Freed, Sabrina     | Western Oreg | 11.41m |
| 6  | Farrer, Brittany   | Willamette   | 11.24m |
| 7  | DeBit, Sara        | Lane CC      | 10.76m |
| 8  | Humphrey, Kristin  | Western Oreg | 10.69m |
| 9  | Edholm, Christina  | Willamette   | 9.85m  |
| 10 | Winter, Holly      | Willamette   | 9.66m  |
| 11 | Postlewait, Jacque | Western Oreg | 9.33m  |
| 12 | Federici, Amanda   | Unattached   | 9.11m  |
| 13 | Tyson, Ayla        | Clackamas CC | 7.83m  |

#### Women Discus Throw

|   | Name              | Year School  | Finals |
|---|-------------------|--------------|--------|
| 1 | Fahey, Melinda    | Willamette   | 40.75m |
| 2 | Crawford, Anja    | Mount Hood   | 35.19m |
| 3 | Talbott, Shannon  | Western Oreg | 34.75m |
| 4 | Tyson, Ayla       | Clackamas CC | 33.39m |
| 5 | Moody, Charlene   | Unattached   | 32.37m |
| 6 | Edholm, Christina | Willamette   | 28.16m |
| 7 | Davis, Adrienne   | Mount Hood   | 21.88m |

Women Hammer Throw

| Name                | Year School  | Finals |
|---------------------|--------------|--------|
| 1 Freed, Sabrina    | Western Oreg | 43.72m |
| 2 Fahey, Melinda    | Willamette   | 40.77m |
| 3 Burger, Emilie    | Willamette   | 35.37m |
| 4 Federici, Amanda  | Unattached   | 34.90m |
| 5 Farrer, Brittany  | Willamette   | 34.34m |
| 6 Winter, Holly     | Willamette   | 33.93m |
| 7 Humphrey, Kristin | Western Oreg | 32.03m |
| 8 Edholm, Christina | Willamette   | 31.00m |
| 9 Crawford, Anja    | Mount Hood   | 28.87m |
| 10 Tyson, Ayla      | Clackamas CC | 26.49m |
| -- Schantin, Jeeni  | Clackamas CC | ND     |

Women Javelin Throw

| Name                   | Year School  | Finals |
|------------------------|--------------|--------|
| 1 Schantin, Jeeni      | Clackamas CC | 42.72m |
| 2 Clark, Andrea        | Unattached   | 40.76m |
| 3 Glavin, Chelsea      | Western Oreg | 39.17m |
| 4 Stricker, Alexandria | Western Oreg | 36.29m |
| 5 Dudley, Michelle     | Portland Sta | 35.01m |
| 6 Richardson, Kacie    | Unattached   | 34.26m |
| 7 Mead, Kaitlin        | Western Oreg | 33.88m |
| 8 Sedlacek, Molly      | Unattached   | 32.22m |
| 9 DeBit, Sara          | Lane CC      | 31.95m |
| 10 Harsin, Angela      | Western Oreg | 30.81m |
| 11 Bates, Danica       | Lane CC      | 28.18m |
| 12 Smith, Brooke       | Willamette   | 26.61m |

Men 100 Meter Dash

| Name                 | Year School  | Finals | Wind | H# |
|----------------------|--------------|--------|------|----|
| 1 Jackson, Kenjamine | Clackamas CC | 10.96  | 1.8  | 1  |
| 2 Jones, Sergio      | Unattached   | 11.20  | 1.8  | 1  |
| 3 Gobel, Joe         | Clackamas CC | 11.22  | 1.8  | 1  |
| 4 Fitzgerald, Matt   | Lane CC      | 11.34  | 1.8  | 1  |

|    |                       |              |       |     |   |
|----|-----------------------|--------------|-------|-----|---|
| 5  | Threet, Josh          | Western Oreg | 11.36 | 1.8 | 1 |
| 6  | Maxey, Scott          | Unattached   | 11.42 | 1.8 | 1 |
| 7  | Wester, Stan          | Clackamas CC | 11.51 | 2.0 | 2 |
| 8  | Brown, Jacob          | Team XO      | 11.54 | 1.8 | 1 |
| 9  | Pienovi, Levi         | Mount Hood   | 11.56 | 2.0 | 2 |
| 10 | Burdett, Thomas       | Clackamas CC | 11.68 | 2.0 | 2 |
| 11 | Ntekpere, Ime         | Clackamas CC | 11.73 | 1.8 | 1 |
| 12 | Green, Vince          | Mount Hood   | 11.85 | 2.0 | 2 |
| 13 | Horn, Sterling        | Mount Hood   | 11.90 | 2.0 | 2 |
| 13 | Preciado, Frankie     | Mount Hood   | 11.90 | 2.0 | 2 |
| 13 | Zwiefelhofer, Eric    | Western Oreg | 11.90 | 2.0 | 2 |
| 16 | Murphey, Vance        | Mount Hood   | 11.92 | 2.0 | 2 |
| 17 | Muller, Sean          | Willamette   | 11.96 | 2.8 | 3 |
| 18 | Larson, Josh          | Mount Hood   | 12.03 | 2.8 | 3 |
| 19 | Valera-Gengler, Bryan | Willamette   | 12.37 | 2.8 | 3 |

#### Men 200 Meter Dash

| Name                  | Year School  | Finals | Wind | H# |
|-----------------------|--------------|--------|------|----|
| 1 Keller, Wesley      | Unattached   | 22.39  | 1.5  | 1  |
| 2 Ramsey, Paris       | Unattached   | 22.65  | 1.5  | 1  |
| 3 Thompson, Travis    | Lane CC      | 22.72  | 1.1  | 2  |
| 4 Gobel, Joe          | Clackamas CC | 22.79  | 1.5  | 1  |
| 4 Jones, Sergio       | Unattached   | 22.79  | 1.5  | 1  |
| 6 Threet, Josh        | Western Oreg | 23.12  | 1.5  | 1  |
| 7 Buckmier, Jason     | Western Oreg | 23.16  | 1.5  | 1  |
| 8 Welch, Andrew       | Willamette   | 23.22  | 1.5  | 1  |
| 9 Crago, Brian        | Unattached   | 23.66  | 1.1  | 2  |
| 10 Preciado, Frankie  | Mount Hood   | 23.75  | 1.1  | 2  |
| 11 Pienovi, Levi      | Mount Hood   | 24.01  | 1.1  | 2  |
| 12 Brown, Jacob       | Team XO      | 24.09  | 1.5  | 1  |
| 13 Miller, Jason      | Mount Hood   | 24.39  | 1.1  | 2  |
| 14 Woodland, Jonathan | Willamette   | 24.89  | 1.1  | 2  |

#### Men 400 Meter Dash

| Name               | Year School  | Finals | H# |
|--------------------|--------------|--------|----|
| 1 Thompson, Travis | Lane CC      | 48.76  | 1  |
| 2 Estep, Blake     | Western Oreg | 50.20  | 1  |
| 3 Coy, Garrison    | Willamette   | 51.59  | 1  |



|    |                       |              |       |   |
|----|-----------------------|--------------|-------|---|
| 4  | Flachsbart, Joel      | Willamette   | 51.65 | 1 |
| 5  | Keller, Wesley        | Unattached   | 51.72 | 1 |
| 6  | Crago, Brian          | Unattached   | 52.11 | 2 |
| 7  | Roberts, Austin       | Mount Hood   | 52.54 | 2 |
| 8  | Samuel, Cole          | Western Oreg | 52.69 | 2 |
| 9  | Gehl, Josh            | Clackamas CC | 52.98 | 2 |
| 10 | Dahl, Eric            | Team XO      | 53.94 | 1 |
| 11 | Miller, Jason         | Mount Hood   | 55.04 | 2 |
| 12 | Ordonez, Dylan        | Willamette   | 56.12 | 2 |
| 13 | Bowers-Biasi, Spencer | Unattached   | 57.80 | 2 |

#### Men 800 Meter Run

| Name                    | Year School  | Finals  |
|-------------------------|--------------|---------|
| 1 Kotaich, Kyle         | Willamette   | 1:57.03 |
| 2 May, Lucas            | Willamette   | 1:57.97 |
| 3 Ziemer, Jarrett       | Mount Hood   | 1:58.24 |
| 4 Banker, Troy          | Western Oreg | 1:58.47 |
| 5 Martin, Ricky         | Willamette   | 2:02.41 |
| 6 Hunt, Kym             | Western Oreg | 2:02.43 |
| 7 Fischer, Richard      | Mount Hood   | 2:03.61 |
| 8 Bodding-Long, Tristan | Willamette   | 2:04.28 |
| 9 Nkemontoh, Daniel     | Western Oreg | 2:05.56 |
| 10 Boyles, Alex         | Mount Hood   | 2:06.15 |
| 11 Fries, Andrew        | Mount Hood   | 2:06.96 |
| 12 De La Cruz, Juan     | Mount Hood   | 2:08.48 |
| 13 Pfenning, Kyle       | Clackamas CC | 2:08.90 |
| 14 O'Connell, Matthew   | Mount Hood   | 2:12.11 |
| 15 Gehl, Josh           | Clackamas CC | 2:19.68 |
| 16 Pinkstaff, Brian     | Portland Sta | 2:29.47 |
| -- Lopez, Brandon       | Portland Sta | DNF     |

#### Men 1500 Meter Run

| Name                       | Year School  | Finals  |
|----------------------------|--------------|---------|
| 1 McNamara, Jordan         | Unattached   | 3:51.99 |
| 2 Churchill, Joe           | Unattached   | 4:01.88 |
| 3 Knutson-Lombard, Tristan | Willamette   | 4:02.18 |
| 4 Hunt, Kym                | Western Oreg | 4:03.43 |
| 5 Schmidt, Mike            | Western Oreg | 4:04.59 |

|    |                  |              |         |
|----|------------------|--------------|---------|
| 6  | Ziemer, Jarrett  | Mount Hood   | 4:04.86 |
| 7  | Coleman, Dylan   | Unattached   | 4:05.07 |
| 8  | Hansen, Jake     | Portland Sta | 4:06.85 |
| 9  | Randall, John    | Unattached   | 4:07.36 |
| 10 | Jackson, Braxton | Western Oreg | 4:07.44 |
| 11 | Laverty, Keith   | Unattached   | 4:07.55 |
| 12 | Karr, Nik        | Western Oreg | 4:07.87 |
| 13 | Kochis, Craig    | Lane CC      | 4:09.56 |
| 13 | Endicott, Nate   | Portland Sta | 4:09.56 |
| 15 | Fischer, Richard | Mount Hood   | 4:10.48 |
| 16 | Roholt, Taylor   | Willamette   | 4:10.88 |
| 17 | Cronin, Jesse    | Portland Sta | 4:11.49 |
| 18 | Leipzig, Ben     | Willamette   | 4:13.96 |
| 19 | Dunne, Jonnie    | Willamette   | 4:16.56 |
| 20 | Knutson, Austin  | Willamette   | 4:17.00 |
| 21 | Goman, Charlie   | Portland Sta | 4:17.74 |
| 22 | Backman, Beau    | Western Oreg | 4:18.05 |
| 23 | Kotaich, Adam    | Willamette   | 4:19.15 |
| 24 | De La Cruz, Juan | Mount Hood   | 4:19.42 |
| 25 | Boyles, Alex     | Mount Hood   | 4:20.10 |
| 26 | Turner, Jacob    | Unattached   | 4:24.05 |
| 27 | Hockema, Joe     | Unattached   | 4:26.42 |
| 28 | O'Brien, Carson  | Portland Sta | 4:31.16 |
| 29 | Seick, Kyle      | Western Oreg | 4:33.63 |
| 30 | Gale, Bill       | Willamette   | 4:55.34 |
| 31 | Pinkstaff, Brian | Portland Sta | 5:04.76 |
| -- | Lopez, Brandon   | Portland Sta | DNF     |

#### Men 10000 Meter Run

| Name              | Year School | Finals   |
|-------------------|-------------|----------|
| 1 Millard, Steven | Willamette  | 34:34.97 |
| 2 Batch, Ian      | Willamette  | 34:34.98 |
| 3 Timbrell, Jamie | Willamette  | 34:34.99 |
| 3 Clough, Josh    | Willamette  | 34:34.99 |
| 5 Weisbard, Matt  | Willamette  | 36:42.86 |

#### Men 110 Meter Hurdles

| Name | Year School | Finals | Wind H# |
|------|-------------|--------|---------|
|------|-------------|--------|---------|

|    |                    |              |       |     |   |
|----|--------------------|--------------|-------|-----|---|
| 1  | Wilkinson, Sheldon | Unattached   | 14.79 | 2.4 | 1 |
| 2  | May, Tyler         | Team XO      | 15.01 | 2.4 | 1 |
| 3  | Lackman, Drew      | Willamette   | 15.43 | 2.4 | 1 |
| 4  | Massey, Lloyd      | Western Oreg | 15.47 | 2.4 | 1 |
| 5  | Fitzgerald, Matt   | Lane CC      | 15.78 | 2.4 | 1 |
| 6  | Herman, Clayton    | Clackamas CC | 15.93 | 3.0 | 2 |
| 7  | Piros, Grant       | Willamette   | 15.95 | 2.4 | 1 |
| 8  | Moorhead, Joel     | Lane CC      | 15.96 | 2.4 | 1 |
| 9  | Tosdale, Troy      | Western Oreg | 16.64 | 3.0 | 2 |
| 10 | Fleming, Cody      | Team XO      | 16.93 | 3.0 | 2 |
| 11 | Keller, Tony       | Lane CC      | 17.09 | 3.0 | 2 |
| 12 | Kessinger, Michael | Unattached   | 17.54 | 3.0 | 2 |

#### Men 400 Meter Hurdles

| ===== |                    |              |         |    |  |
|-------|--------------------|--------------|---------|----|--|
|       | Name               | Year School  | Finals  | H# |  |
| ===== |                    |              |         |    |  |
| 1     | Massey, Lloyd      | Western Oreg | 54.95   | 1  |  |
| 2     | Lackman, Drew      | Willamette   | 55.90   | 1  |  |
| 3     | Wilkinson, Sheldon | Unattached   | 56.16   | 1  |  |
| 4     | Rice, Mark         | Willamette   | 58.03   | 2  |  |
| 5     | Flachsbart, Joel   | Willamette   | 58.37   | 2  |  |
| 6     | Hickey, Clint      | Western Oreg | 58.66   | 1  |  |
| 7     | Tosdale, Troy      | Western Oreg | 58.80   | 2  |  |
| 8     | Wester, Stan       | Clackamas CC | 59.63   | 2  |  |
| 9     | Piros, Grant       | Willamette   | 1:00.13 | 2  |  |
| 10    | Ordonez, Dylan     | Willamette   | 1:00.16 | 2  |  |
| 11    | Clarkson, Lee      | Western Oreg | 1:00.39 | 1  |  |
| 12    | Herman, Clayton    | Clackamas CC | 1:00.79 | 1  |  |
| 13    | Burdett, Thomas    | Clackamas CC | 1:02.01 | 2  |  |

#### Men 3000 Meter Steeplechase

| ===== |                |              |          |
|-------|----------------|--------------|----------|
|       | Name           | Year School  | Finals   |
| ===== |                |              |          |
| 1     | Johnson, Nck   | UO Running C | 9:30.80  |
| 2     | Vieyra, Julio  | Willamette   | 9:43.20  |
| 3     | Nebert, Lucas  | Willamette   | 9:43.60  |
| 4     | Jimenez, Alex  | Willamette   | 9:49.70  |
| 5     | Platano, Chris | Willamette   | 9:51.60  |
| 6     | Snook, Brandon | Clackamas CC | 10:19.70 |
| 7     | Baker, Chris   | Clackamas CC | 10:33.90 |

Men 4x100 Meter Relay

| School |                | Finals |
|--------|----------------|--------|
| 1      | Unattached 'A' | 43.87  |
| 2      | Mount Hood 'A' | 45.14  |
| 3      | Mount Hood 'B' | 45.31  |

Men 4x400 Meter Relay

| School |                    | Finals  |
|--------|--------------------|---------|
| 1      | Western Oregon 'A' | 3:30.32 |
| 2      | Mount Hood 'A'     | 3:35.97 |
| 3      | Portland State 'A' | 3:45.37 |

Men High Jump

| Name                 | Year School  | Finals   |
|----------------------|--------------|----------|
| 1 Gobel, Joe         | Clackamas CC | 6-05.00  |
| 2 Lariza, Matt       | Mount Hood   | 6-02.00  |
| 3 Grazda, Alex       | Mount Hood   | 6-00.00  |
| 4 Keys, Kenny        | Mount Hood   | J6-00.00 |
| 4 Larson, Josh       | Mount Hood   | J6-00.00 |
| 6 Woodland, Jonathan | Willamette   | 5-06.00  |
| -- Keller, Tony      | Lane CC      | NH       |

Men Pole Vault

| Name              | Year School | Finals    |
|-------------------|-------------|-----------|
| 1 Helland, Sam    | Unattached  | 14-00.00  |
| 2 Giddens, Jayce  | Unattached  | J14-00.00 |
| 3 Roberts, Austin | Mount Hood  | 12-00.00  |
| 4 Chen, Cliff     | Willamette  | 11-06.00  |
| -- Volpi, Joe     | Lane CC     | NH        |

Men Long Jump

| Name | Year School | Finals | Wind |
|------|-------------|--------|------|
|------|-------------|--------|------|

|       |                       |              |       |     |
|-------|-----------------------|--------------|-------|-----|
| ===== |                       |              |       |     |
| 1     | Buckmier, Jason       | Western Oreg | 6.52m | NWI |
| 2     | Larson, Josh          | Mount Hood   | 6.29m | NWI |
| 3     | Rice, Mark            | Willamette   | 6.16m | NWI |
| 4     | Nolen, Julian         | Willamette   | 6.13m | NWI |
| 5     | May, Tyler            | Team XO      | 6.06m | NWI |
| 6     | Pearson, Dan          | Willamette   | 6.05m | NWI |
| 7     | Lariza, Matt          | Mount Hood   | 5.98m | NWI |
| 8     | Woodland, Jonathan    | Willamette   | 5.93m | NWI |
| 9     | Kessinger, Michael    | Unattached   | 5.83m | NWI |
| 9     | Keys, Kenny           | Mount Hood   | 5.83m | NWI |
| 11    | Hawes, Parker         | Unattached   | 5.70m | NWI |
| 12    | Ntekpere, Ime         | Clackamas CC | 5.64m | NWI |
| 13    | Winburn, Cliff        | Clackamas CC | 5.49m | NWI |
| 14    | Valera-Gengler, Bryan | Willamette   | 5.12m | NWI |
| 15    | Welch, Andrew         | Willamette   | 4.15m | NWI |

#### Men Triple Jump

|       |                 |              |        |      |
|-------|-----------------|--------------|--------|------|
| ===== |                 |              |        |      |
|       | Name            | Year School  | Finals | Wind |
| ===== |                 |              |        |      |
| 1     | Larson, Josh    | Mount Hood   | 13.24m | NWI  |
| 2     | Reisnaur, Tyler | Western Oreg | 13.10m | NWI  |
| 2     | Hawes, Parker   | Unattached   | 13.10m | NWI  |
| 4     | Schley, Alex    | Unattached   | 12.34m | NWI  |
| 5     | Coy, Garrison   | Willamette   | 12.19m | NWI  |
| 6     | Nolen, Julian   | Willamette   | 12.17m | NWI  |
| 7     | Grazda, Alex    | Mount Hood   | 12.15m | NWI  |
| 8     | Keys, Kenny     | Mount Hood   | 11.98m | NWI  |
| --    | Lariza, Matt    | Mount Hood   | ND     | NWI  |
| --    | Winburn, Cliff  | Clackamas CC | ND     | NWI  |

#### Men Shot Put

|       |                     |              |        |
|-------|---------------------|--------------|--------|
| ===== |                     |              |        |
|       | Name                | Year School  | Finals |
| ===== |                     |              |        |
| 1     | Barrett, Robert     | Western Oreg | 13.75m |
| 2     | Mentzer, Jason      | Lane CC      | 13.71m |
| 3     | Valentine, Jacobsen | Mount Hood   | 12.97m |
| 4     | Sather, Craig       | Willamette   | 12.75m |
| 5     | Monroe, Jacob       | Willamette   | 12.72m |
| 6     | Leek, Cliff         | Willamette   | 12.68m |

|    |                       |              |        |
|----|-----------------------|--------------|--------|
| 7  | Bennett, Brandon      | Willamette   | 12.66m |
| 8  | Schryvers, Matthew    | Lane CC      | 11.93m |
| 9  | Bassett-Smith, Trevor | Western Oreg | 11.73m |
| 10 | Cram, Collin          | Lane CC      | 11.67m |
| 11 | Baxter, Quint         | Clackamas CC | 11.59m |
| 12 | Waite, Michael        | Western Oreg | 11.30m |
| 13 | Burke, Greg           | Unattached   | 11.12m |
| 14 | Kollenburn, Caleb     | Mount Hood   | 10.82m |
| 15 | Sandbo, Charlie       | Willamette   | 10.33m |
| -- | Dilley, Chris         | Unattached   | ND     |

#### Men Discus Throw

| Name | Year School         | Finals       |
|------|---------------------|--------------|
| 1    | Dilley, Chris       | Unattached   |
| 2    | Baxter, Quint       | Clackamas CC |
| 3    | Valentine, Jacobsen | Mount Hood   |
| 4    | Mentzer, Jason      | Lane CC      |
| 5    | Vogt, Jayson        | Willamette   |
| 6    | Barrett, Robert     | Western Oreg |
| 7    | Burke, Greg         | Unattached   |
| 8    | Gonzales, Aaron     | Mount Hood   |
| 9    | Waite, Michael      | Western Oreg |
| 10   | Sather, Craig       | Willamette   |
| --   | Monroe, Jacob       | Willamette   |
|      |                     | ND           |

#### Men Hammer Throw

| Name | Year School         | Finals       |
|------|---------------------|--------------|
| 1    | Dilley, Chris       | Unattached   |
| 2    | Baxter, Quint       | Clackamas CC |
| 3    | Monroe, Jacob       | Willamette   |
| 4    | Barrett, Robert     | Western Oreg |
| 5    | Burke, Greg         | Unattached   |
| 6    | Hostetler, Cyrus    | Lane CC      |
| 7    | Sather, Craig       | Willamette   |
| 8    | Mentzer, Jason      | Lane CC      |
| 9    | Vogt, Jayson        | Willamette   |
| 10   | Leek, Cliff         | Willamette   |
| 11   | Valentine, Jacobsen | Mount Hood   |

|    |                       |              |        |
|----|-----------------------|--------------|--------|
| 12 | Bassett-Smith, Trevor | Western Oreg | 30.72m |
| 13 | Waite, Michael        | Western Oreg | 29.87m |
| 14 | Schryvers, Matthew    | Lane CC      | 28.76m |
| 15 | Sandbo, Charlie       | Willamette   | 24.23m |

# Men Javelin Throw

| ===== |                   |              |        |
|-------|-------------------|--------------|--------|
|       | Name              | Year School  | Finals |
| ===== |                   |              |        |
| 1     | Simmons, Mike     | Clackamas CC | 63.37m |
| 2     | Morrill, Westin   | Portland Sta | 58.89m |
| 3     | Moore, David      | Portland Sta | 58.01m |
| 4     | Johnson, Bryce    | Unattached   | 57.33m |
| 5     | Baz, Alex         | Clackamas CC | 57.09m |
| 6     | Piros, Grant      | Willamette   | 56.87m |
| 7     | Kollenburn, Caleb | Mount Hood   | 55.54m |
| 8     | Wall, Ryan        | Western Oreg | 52.41m |
| 9     | Murphey, Vance    | Mount Hood   | 51.24m |
| 10    | Fleming, Cody     | Team XO      | 51.09m |
| 11    | Cram, Collin      | Lane CC      | 50.82m |
| 12    | Dunn, Mark        | Western Oreg | 50.32m |
| 13    | Grazda, Alex      | Mount Hood   | 47.06m |
| 14    | May, Tyler        | Team XO      | 45.78m |
| 15    | Ferebee, Michael  | Unattached   | 44.16m |
| 16    | Gonzales, Aaron   | Mount Hood   | 43.65m |
| 17    | Rice, Mark        | Willamette   | 43.49m |
| 18    | Platano, Chris    | Willamette   | 42.12m |
| 19    | Hickey, Clint     | Western Oreg | 38.34m |

4 PM